



Playdough

Recipe

You will need

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

Method

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth
4. Store in a plastic container in the fridge to keep it fresh

Variations

You can add different ingredients to make different textures/smells. For example:

• Glitter	• Herbs and spices
• Tea leaves	• Seeds (e.g. pumpkin, sunflower)
• Vanilla essence	• Dried fruit
• Shredded coconut	

Sand playdough

2 cups clean sand
 1½ cups plain flour
 ½ cup salt
 2 tablespoons oil
 1 cup water
 Food colouring
 Mix together

Cloud dough

4 cups plain flour
 ½ cup baby oil
 Mix with a wooden spoon and then squeeze and press with fingers to blend oil throughout oil
Do not use with children who may put it in Their mouths

Gingerbread playdough

Add: 2 tablespoons allspice
1 tablespoon cinnamon
1 tablespoon ground ginger



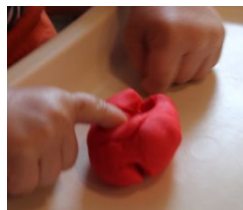
Things to do with playdough



Press it



Pull it



Poke it



Roll it



Find things to stick into the playdough. For example:

- Things from the park- sticks, pine cones, stones, etc.
- Feathers
- Buttons
- Shells
- Pasta shapes
- Beads



Rolling and cutting out using biscuit cutters, etc.



Make marks and patterns



Practise cutting with a child's knife or scissors

GAILDEUCECONSULTANCY

gaildeuceconsultancy@gmail.com



Hide things in the playdough for your child to find



Make playdough faces



Make a playdough animal or monster



Add currants to brown playdough and add a red cherry on top.

Use for the song '5 Currant buns in a baker's shop'
(See YouTube- 5 currant buns BBC)



Make a playdough sweetshop or bakery





Make a Gruffalo



Paint insect outlines (e.g. ladybird, bee, butterfly) and decorate with playdough
Throw a dice and add corresponding number of spots to the ladybird



Have a tea party for dolls/teddies, using the playdough to make party food



Make a playdough pizza

For more ideas see:

- <https://artfulparent.com/39-ideas-for-playing-with-playdough/>
- <https://theimaginationtree.com/play-dough/>
- <https://www.learning4kids.net/list-of-play-dough-activities/>